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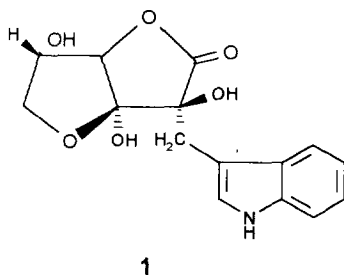
Reaction of (indol-3-yl)ethanediol with L-ascorbic acid

Maria N. Preobrazhenskaya*, Eduard I. Lazhko, and Alexander M. Korolev

Institute of New Antibiotics, Russian Academy of Medical Sciences, Moscow, 119867 Russia

Abstract. Interaction of (indol-3-yl)ethane-1,2-diol with L-ascorbic acid under mild conditions yielded a mixture of products of the L-ascorbic acid 2-C alkylation with the substituted skatyl cation stabilized by the 3-CO hemiketal formation with the participation of the HOCH₂ moiety of (indol-3-yl)ethane-1,2-diol. Under the action of ethanolic HCl, tricyclic ketals were formed. The stereochemical configuration of the compounds was determined by NMR methods. Copyright © 1996 Published by Elsevier Science Ltd

The recent interest to ascorbigen, 2-C-(indol-3-yl)methyl- α -L-xylo-3-hexulofuranosonic acid γ -lactone **1**, which forms in cabbage from 3-hydroxymethylindole and L-ascorbic acid **2**, is connected with the demonstrated anticarcinogenic properties of a diet rich in cabbage or other vegetables of the cruciferous family¹. The interaction of polyfunctional indolecarbinols with **2** has not been investigated though some of these compounds [e.g. (indol-3-yl)glycerol phosphate which is a precursor of tryptophane biosynthesis²] are of great biological importance.



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(Indol-3-yl)ethanediol **3** and **2** in aqueous ethanol at room temperature give a mixture of compounds **4**, **5**, and **6**. Preparative TLC of the mixture⁴ led to a single **4**⁵ and a mixture of **5** and **6**⁶. Attempts to separate **5** and **6** were unsuccessful: the individual compounds **5** or **6**, isolated after TLC, appeared to be mixtures of these compounds, thus suggesting **5** and **6** to be in equilibrium.

The structure elucidation of the compounds **4**, **5**, and **6** was based on the ¹H and ¹³C NMR data (Tables 1, 2). Signal assignments were accomplished as follows: 1''-H proton was identified by irradiation of 2''-H proton (long-range ⁴J_{H,H} was present) and then 2''-H_a and 2''-H_b were determined through COSY connectivity;

signals in the indole part were assigned as described before⁷. In the ascorbic acid moiety, 6-CH₂ protons were defined from APT and HETCOR experiments; DFCOSY permitted identification of the 5-H and 4-H signals. The J_{4,5} values, which are above 2 Hz, close chemical shifts of the 6-H_a and 6-H_b protons and similar J_{5,6a} and J_{5,6b} values in NMR spectra of **4** and **5** show that the CH₂OH group of the ascorbic acid moiety does not participate in the hemiketal formation as it would if **4** or **5** had the ascorbigen-like skeleton. As in ¹³C NMR spectra of **1**, **4** and **5** chemical shifts of 3-C atoms are similar, **4** and **5** should be hemiketals. It demonstrates that in **4** and **5** 2-C-substituted L-ascorbic acid is stabilized by the hemiketal formation with the participation of the CH₂OH group neighboring to the skatyl carbon atom (1''). These compounds represent a new type of L-ascorbic acid derivatives.

The NMR spectra of compound **6** show that the lactone ring is opened and the 4-C-OH group is unsubstituted whereas a full ketal structure is present. It suggests that **6** is a product of hydrolysis of compound **5** accompanied by the cyclic ketal formation.

The mixture of **4**, **5** and **6** was transformed into a mixture of ketal derivatives **7**, **8** and **9** by the incubation in 2% ethanolic HCl solution at room temperature. Similarly, **4** gave individual **7**⁸, and the mixture of **5** and **6** gave a mixture of **8** and **9**. Compounds **8** and **9** were separated by TLC⁹⁻¹¹.

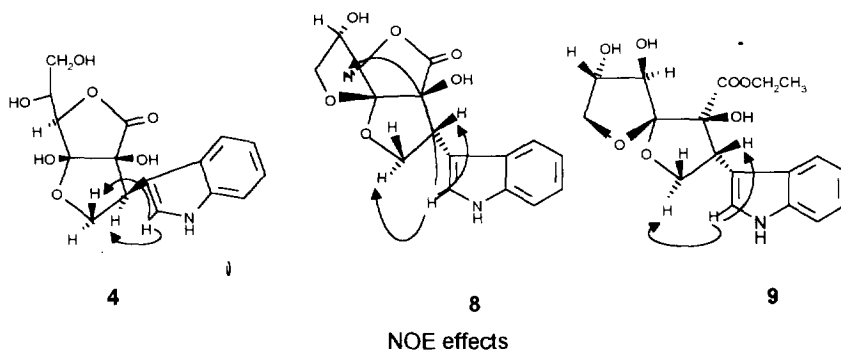
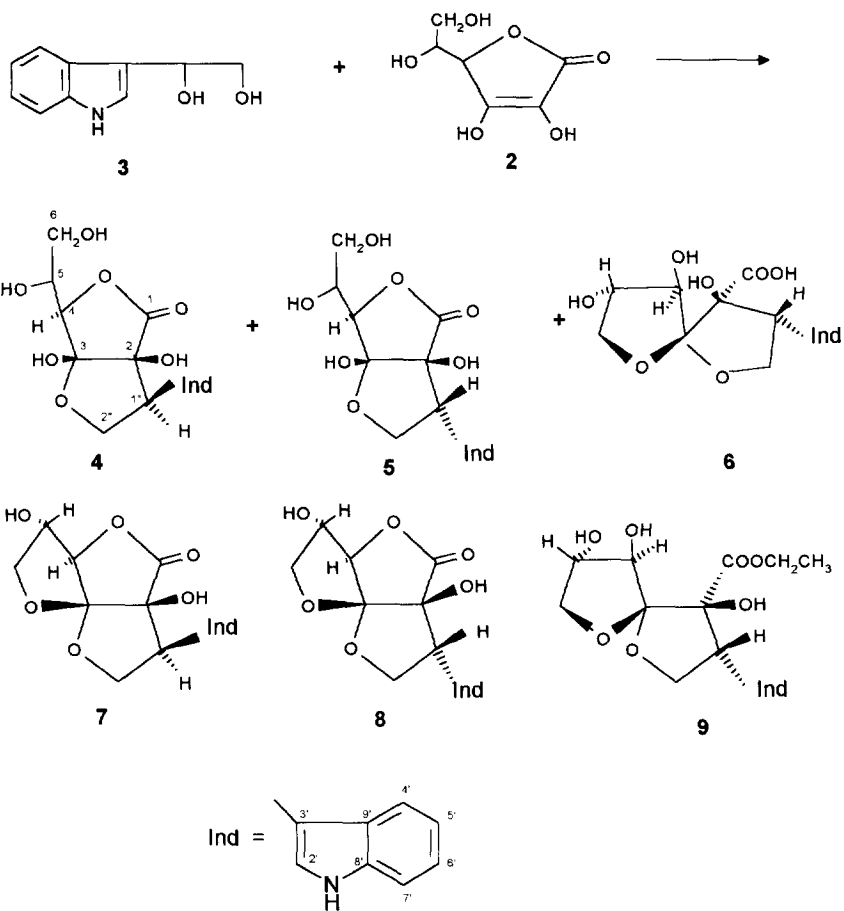


Table 1. ¹H NMR spectra of compounds 1 and 4-9 in CD₃OD¹²

Com- po- und	Chemical shifts (coupling constants, Hz)											
	Ascorbic acid moiety				Indole moiety*					-CH-CH ₂ O		
	4-H (J _{4,5})	5-H (J _{5,6a})	6-H _a (J _{6a,6b})	6-H _b (J _{5,6b})	2'-H (J _{1',2'})	4'-H	5'-H	6'-H	7'-H	1''-H (J _{1'',2''b})	2''-H _a (J _{1'',2''a})	2''-H _b (J _{2'',a,2''b})
1	3.76 (0.7)	4.20 (3.3)	3.99 (9.7)	4.12 (5.7)	7.20	7.62	6.97	7.03	7.31	3.23 3.40	-	-
4	4.66 (2.5)	4.07 (6.7)	3.70 (11.0)	3.64 (6.7)	7.30 (0.6)	7.77	7.02	7.10	7.35	4.11 (7.8)	4.40 (10.0)	4.31 (8.5)
5	4.59 (2.3)	4.04 (6.9)	3.64 (11.0)	3.59 (6.6)	7.17 (0.7)	7.75	7.00	7.09	7.33	4.15 (7.8)	4.49 (10.0)	4.16
6	4.45 (4.4)	4.14 (5.9)	4.09 (9.0)	3.60 (4.7)	7.24 (0.5)	7.63	7.03	7.11	7.36	4.48 (4.5)	4.76 (7.4)	4.43 (8.2)
7	4.61 (2.2)	4.31 (3.7)	4.10 (10.0)	3.96 (4.9)	7.32 (0.5)	7.58	7.01	7.10	7.36	4.15 (7.4)	4.45 (11.3)	4.35 (8.0)
8	4.52 (2.2)	4.19 (3.6)	4.06 (10)	4.01 (4.9)	7.31 (0.8)	7.68	7.02	7.12	7.34	3.94 (3.1)	4.71 (5.6)	4.36 (8.8)
9**	4.42 (7.2)	4.29 (7.3)	4.10 (8.7)	3.52 (6.9)	7.08 (1.0)	7.76	6.99	7.08	7.30	4.27 (8.5)	4.70 (11.5)	4.42 (7.3)

* In all the compounds investigated the coupling constants of the indole ring protons were the following:

J_{4,5} = 8.0, J_{4,6} = 1.0, J_{4,7} = 1.0; J_{5,6} = 7.1; J_{5,7} = 1.0; J_{6,7} = 8.1 Hz.

** Signals of the OCOCH₂H₅ group are present at 4.07 and 1.12 ppm.

Table 2. ¹³C NMR spectra of compounds 1 and 4-9 in CD₃OD

Com- pound	Ascorbic acid moiety						-CH-CH ₂ O-	
	1-C	2-C	3-C	4-C	5-C	6-C	1''-C	2''-C
1	178.74	80.92	108.68	88.32	75.51	75.51	31.32	-
4	178.74	80.76	108.70	84.91	71.13	63.06	46.00	73.31
5	178.61	80.62	111.74	84.74	71.13	62.95	47.21	71.24
6	176.27	83.53	110.30	78.27	77.06	71.87	40.13	73.76
7	175.89	85.85	119.88	90.42	75.19	75.00	46.98	75.00
8	174.85	85.85	118.69	89.80	75.35	74.80	42.48	75.48
9*	172.72	86.88	115.51	78.89	75.35	71.75	46.53	71.52
Indole ring								
	2'-C	3'-C	4'-C	5'-C	6'-C	7'-C	8'-C	9'-C
1	126.59	107.50	119.99	119.73	122.25	112.04	125.15	135.74
4	125.72	108.60	120.34	119.88	122.46	112.13	137.96	129.26
5	124.89	108.09	119.72	120.43	122.56	112.36	138.13	129.05
6	123.59	105.44	120.02	120.44	122.45	112.08	137.35	128.59
7	125.48	112.20	119.94	119.89	122.49	112.20	137.79	129.08
8	123.46	111.51	120.20	120.01	122.82	112.19	137.90	128.33
9*	123.10	109.83	120.77	119.76	122.53	112.61	137.79	129.23

* Signals of OC₂H₅ group were observed at 62.60 and 14.21 ppm.

The J_{4,5}, J_{5,6a} and J_{5,6b} values and chemical shifts of the 3-C and 6-C atoms in ¹³C NMR spectra of 7 and 8 show the presence of a second furanose cycle formed with the participation of the ascorbic acid's 6-CH₂OH

group. ^1H NMR and ^{13}C NMR spectra of **9** demonstrate the presence of the COOC_2H_5 group and the unsubstituted 4-OH group.

To determine the configuration at the skatyl atom 1'', NOE difference experiments were performed for compounds **4** and **8** under saturation of the 2'-H indole proton signal. An increase in the intensity of the 4-H (9%), 2''-H_b (1%) and 1''-H (2%) signals was observed for compound **8**, while in compound **4** irradiation of the 2'-H proton only led to an increase in the 2''-H_a (4%) and 1''-H (2%) signals intensity. It demonstrates that in compound **8** and, therefore, **5** the indole moiety is in the *endo* position (1''-S configuration) whereas in compound **4** and, therefore, **7** it is in the *exo* position (1''-R configuration). Opening of the lactone ring in compound **9** enables a less rigid conformation for this compound, 4-H and 2'-H protons being more distant than in **8**. This was confirmed by irradiation of the 2'-H signal, which only led to an increase in intensity of the 1''-H (2%) and 2''-H_b (0.5%) signals (but not of 4-H). Easy equilibration of **5** and **6** suggests the 1''-S configuration of **6** and, therefore, **9**. The instability of **5** can be due to the sterical hindrance displayed by the indole ring in the *endo* position.

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4. For preparative and analytical TLC plates, covered with silica gel F₂₅₄ (Merck) were used in a CHCl_3 -MeOH 7:1 mixture. **4**: R_f 0.19; **5+6** R_f 0.23. Separation yielded 38% of **4** and 25% of **5+6**. HPLC: 6.38 (**4**), 7.77 and 9.68 min (**5+6**) (Spectra-Physics SP-800 instrument, Partisil ODS column, acetonitrile - 0.05M NaH_2PO_4 (pH 3.35), gradient from 13 to 60% of acetonitrile, 25 min.
5. Compound **4**. Anal. Calcd for $\text{C}_{16}\text{H}_{17}\text{NO}_7$: C 57.31; H 5.11; N 4.17. Found C 57.23; H 5.23; N 4.06. IR: 1790 cm^{-1} . $[\alpha]_{\text{D}}^{20}$ -14.6 (c 1, EtOH).
6. Mixture **5+6**. Anal. Calcd for $\text{C}_{16}\text{H}_{17}\text{NO}_7$: C 57.31; H 5.11; N 4.17. Found C 57.53; H 5.23; N 4.40. IR: 1790, 1620 cm^{-1} .
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8. Compound **7**. IR: 1790 cm^{-1} . $[\alpha]_{\text{D}}^{20}$ +7.2 (c 1, EtOH). EI-MS $[m/z]$ (relative intensity, %): 317 (8) $[\text{M}]^+$, 170 (51) $[\text{M} - \text{C}_2\text{H}_7\text{O}]^+$, 143 (23) $[\text{Indolyl-CH-CH}_2]^+$, 130 (100) $[\text{C}_9\text{H}_8\text{N}]^+$. R_f 0.65 in a CHCl_3 - MeOH 4:1 mixture.
9. Compound **8**. IR: 1790 cm^{-1} . $[\alpha]_{\text{D}}^{20}$ +35.7 (c 1, EtOH). EI-MS $[m/z]$ (relative intensity, %): 317 (5) $[\text{M}]^+$, 171 (5) $[\text{M} - \text{C}_2\text{H}_6\text{O}]^+$, 170 (42) $[\text{M} - \text{C}_2\text{H}_7\text{O}]^+$, 143 (27) $[\text{Indolyl-CH-CH}_2]^+$, 130 (100) $[\text{C}_9\text{H}_8\text{N}]^+$. R_f 0.60 in a CHCl_3 - MeOH 4:1 mixture.
10. Compound **9**. IR: 1720, 1770 cm^{-1} . $[\alpha]_{\text{D}}^{20}$ +34.4 (c 1, EtOH). EI-MS $[m/z]$ (relative intensity, %): 363 (31) $[\text{M}]^+$, 143 (100) $[\text{Indolyl-CH-CH}_2]^+$, 130 (70) $[\text{C}_9\text{H}_8\text{N}]^+$. R_f 0.70 in a CHCl_3 - MeOH 4:1 mixture.
11. Optical rotations were measured on a Perkin-Elmer 241 instrument, IR (in KBr pellets) on a SP-1100 spectrometer (Pye Unicam), EI-mass-spectra were obtained on an SSQ 710 Finnegan instrument at 70 eV.
12. All NMR data were obtained with a Varian VXR-400 instrument operated at 400 MHz for ^1H and at 100.6 MHz for ^{13}C , chemical shifts are given in ppm relative to the signal of the solvent (CD_3OD) used (δ 3.32, 49.00 ppm).

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